

Publikationen

(Stand Juni 2024)

Beiträge in Zeitschriften

In press

- Fechau EI, Siebert M, Beutel ME, Gündel H, Hermann A, Hoyer J, Knaevelsrud C, Kolassa I-T, Kruse J, Leichsenring F, Niemeyer H, Salzer S, Weidner K, Witthöft M, **Steinert C** (in press). The Balancing Act of Fitting Into an RCT: A Grounded Theory Study on How Patients With Posttraumatic Stress Disorder Following Childhood Maltreatment Experience Participating in a Randomized Controlled Psychotherapy Study. *Qualitative Psychology*.
- Leichsenring F, Abbass A, Fonagy P, Levy K, Liliengren P, Luyten P, Midgley N, Milrod B, **Steinert C** (in press). The WHO treatment guideline for mental disorders. *Lancet Psychiatry*.

2024

- Leichsenring F, Fonagy P, Heim N, Kernberg OF, Leweke F, Luyten P, Salzer S, Spitzer C, **Steinert C** (2024). Borderline personality disorder: a comprehensive review of diagnosis and clinical presentation, etiology, treatment, and current controversies. *World Psychiatry*, 23: 4-25.
- **Steinert C**, Leichsenring F (2024). Der empirische Status psychodynamischer Psychotherapie entlang neuester Evaluationskriterien. *Ärztliche Psychotherapie*, 19: 133-139.
- Heim N, Beutel M, Hoyer J, Jennissen S, Kabbathas E, Leichsenring F, Nöske F, Sauer K, Weidner K, Wöller W, **Steinert C** (2024). »Ein Samurai hat ja auch nicht immer seine Rüstung an«: Einsicht als möglicher Wirkfaktor in Traumatherapien – Ein interpersonelles Verständnis der PTBS. *Psychodynamische Psychotherapie*, 23: 144-155.

2023

- Leichsenring F, Abbass A, Heim N, Keefe JR, Kisely S, Luyten P, Rabung S, **Steinert C** (2023). The status of psychodynamic psychotherapy as an empirically supported treatment for common mental disorders – an umbrella review based on updated criteria. *World Psychiatry*, 22: 286-304.
- Leichsenring F, Heim N, Leweke F, Spitzer C, **Steinert C**, Kernberg OF (2023). Borderline Personality Disorder – A Review. *JAMA*, 329: 670-679.
- Heim N, Bobou M, Tanzer M, Jenkinson PM, **Steinert C**, Fotopoulou A (2023). Psychological interventions for interoception in mental health disorders: A systematic review of randomized-controlled trials. *Psychiatry and Clinical Neuroscience*, 77: 530-540.
- Leichsenring F, **Steinert C**, Rost F, Abbass A, Heim N, Ioannidis JPA (2023). A critical assessment of NICE guidelines for treatment of depression. *World Psychiatry*, 22: 43-45.
- **Steinert C**, Heim N, Reich G, Kreische R, Biskup J, Leichsenring F (in press). Therapeuten- und Supervisorenfeedback zur manualisierten psychodynamischen Behandlung der Zwangsstörung im Rahmen einer randomisiert-kontrollierten Therapiestudie. *Psychodynamische Psychotherapie*, 22: 217-229.
- Warkus I, **Steinert C** (2023). Love is all around? Über den Umgang mit Erotik und Verliebtheit in drei verschiedenen Therapieschulen: Ein Scoping Review. *Zeitschrift für Psychosomatische Medizin und Psychotherapie*, 69: 235-248.

- Heim N, Abbass A, Luyten P, Rabung S, **Steinert C**, Leichsenring F (2023). Contradictions, methodological flaws, and potential for misinterpretations in ranking treatments of depression. *Bipolar Disorders*, 25: 335-336.
- Leichsenring F, Heim N, **Steinert C** (2023). Letter to the Editor: A Review of Anxiety Disorders. *JAMA*, 329: 1315-1316.

2022

- Leichsenring F, **Steinert C**, Rabung S, Ioannidis, JPA (2022). The efficacy of psychotherapies and pharmacotherapies for mental disorders in adults: an umbrella review and meta-analytic evaluation of recent meta-analyses. *World Psychiatry*, 21: 133-145.
- Lopez-Alcalde J, Yakoub N, Wolf M, Munder T, von Elm E, Flückiger C, **Steinert C**, Liebherz S, Rosendahl J, Witt CM, Barth J (2022). The RIPI-f (Reporting Integrity of Psychological Interventions delivered face-to-face) checklist was developed to guide reporting of treatment integrity in face-to-face psychological interventions. *Journal of Clinical Epidemiology*, 151: 65-74.
- Leichsenring F, Abbass A, Heim N, Keefe JR, Luyten P, Rabung S, **Steinert C** (2022). Empirically supported psychodynamic psychotherapy for common mental disorders-An update applying revised criteria: Systematic review protocol. *Frontiers in Psychiatry*, 13: 976885.
- Leichsenring F, Luyten P, Abbass A, **Steinert C** (2022). In Reply: Psychodynamic therapy of depression. *Australian and New Zealand Journal of Psychiatry*, 56:1202-1204.

2021

- **Steinert C**, Heim N, Leichsenring, F (2021). Procrastination, perfectionism, and other work-related mental problems: prevalence, types, assessment, and treatment. A scoping review. *Frontiers in Psychiatry*, 12: 736776.
- Schuster P, Beutel ME, Hoyer J, Leibing E, Nolting B, Salzer S, Strauss B, Wiltink J, **Steinert C**, Leichsenring F (2021). The role of shame and guilt in social anxiety disorder. *Journal of Affective Disorders Reports*, 6: 100208.
- Leichsenring F, Luyten P, Abbass A, **Steinert, C** (2021). Psychodynamic therapy of depression. *Australian and New Zealand Journal of Psychiatry*, 55: 1202-1203.
- Leichsenring F, Luyten P, Abbass A, Rabung S, **Steinert, C** (2021). Treatment of depression in children and adolescents. *Lancet Psychiatry*, 8: 96-97.

2020

- Leichsenring F, Jaeger U, Masuhr O, Dally A, Dümpelmann M, Fricke-Neef C, Spitzer C, **Steinert C** (2020). To be or not to be improved: patients' perception of symptom improvement - linking the SCL-90-R to patient rated global improvement in a large real-world treatment sample. *Psychotherapy and Psychosomatics*, 89: 357-362.
- Leichsenring F, **Steinert C***, Beutel ME, Feix L, Gündel H, Hermann A, Karabatsiakis A, Knaevelsrud C, König HH, Kolassa IT, Kruse J, Niemeyer H, Nöske F, Palmer S, Peters E, Reese JP, Reuss A, Salzer S, Schade-Brittinger C, Schuster P, Stark R, Weidner K, von Wietersheim J, Witthöft M, Wöller W, Hoyer J (2020). Trauma-focused psychodynamic therapy and STAIR Narrative Therapy of post-traumatic stress disorder related to childhood maltreatment: trial protocol of a multicentre randomised controlled trial assessing psychological, neurobiological and health economic outcomes (ENHANCE). *BMJ Open*, 10: e040123. *shared senior authorship with Jürgen Hoyer

2019

- Leichsenring F, **Steinert C**, Ioannidis JPA (2019): Toward a paradigm shift in treatment and research of mental disorders. *Psychological Medicine*, 49: 2111-2117.
- Munder T, Flückiger C, Leichsenring F, Abbass A, Hilsenroth MJ, Luyten P, Rabung S, **Steinert C**, Wampold BE (2019). Is psychotherapy effective? A re-analysis of treatments for depression. *Epidemiology and Psychiatric Sciences*, 28: 268-274.
- **Steinert C**, Kruse J, Leweke F, Leichsenring F (2019). Psychosomatic inpatient treatment: Real-world effectiveness, response rates and the helping alliance. *Journal of Psychosomatic Research*, 124: 109743.
- Munder M, Flückiger C, Leichsenring F, Abbass A, Hilsenroth MJ, Luyten P, Rabung S, **Steinert C**, Wampold BE (2019). Let's distinguish relative and absolute efficacy to move psychotherapy research forward. *Zeitschrift für Psychosomatische Medizin und Psychotherapie*, 65: 178-182.
- Leichsenring F, Abbass A, Beutel M, Gündel H, Heuft G, Hoffmann SO, Kächele H, Kruse J, Rüger U, Rudolf G, Spitzer C, Salzer S, Luyten P, Wampold B, **Steinert C** (2019). Vom Sinn des Verfahrenskonzepts und der Verfahrensvielfalt – und warum das Baukasten-System in der Psychotherapie nicht funktioniert. *Zeitschrift für Psychosomatische Medizin und Psychotherapie*, 65: 321-340.
- Leichsenring F, Sarrar L, **Steinert C** (2019). Drop-outs in psychotherapy: a change of perspective. *World Psychiatry*, 18: 32-33.
- Leichsenring F, Abbass A, Hilsenroth MJ, Luyten P, Rabung S, **Steinert C** (2019). Equivalence testing: reversed hypotheses, margins, and the need for controlling researcher allegiance. *Psychological Medicine*, 49: 876-878.
- Abbass A, Leichsenring F, **Steinert C** (2019). Letter to the editor: Re: Jing et al., the efficacy of cognitive behavioural therapy in somatoform disorders and medically unexplained physical symptoms: A meta-analysis of randomized controlled trials. *Journal of Affective Disorders*, 255, 179.
- Luyten P, Leichsenring F, Abbass A, Hilsenroth M, Rabung S, **Steinert C** (2019). What to conclude from a non-randomized clinical trial comparing dialectical behavior therapy and mentalization-based treatment in patients with borderline personality disorder? *Psychological Medicine*, 49: 2810-2811.
- Leichsenring F, Liliengren P, Lindqvist K, Mechler J, Falkenstom F, Philips B, **Steinert C**, Abbass A (2019). Inadequate reporting of a randomized trial comparing cognitive-behavioral therapy and psychodynamic therapy for depression. *Journal of Nervous and Mental Disease*, 207: 421-422.
- Leichsenring F, Jaeger U, Masuhr O, Dally A, Dümpelmann M, Fricke-Neef C, **Steinert C**, Spitzer C (2019). Changes in personality functioning after inpatient psychodynamic therapy: a dimensional approach to personality disorders. *Psychodynamic Psychiatry*, 47: 183-196.
- Leichsenring F, **Steinert C** (2019). Psychodynamische Therapie der Zwangsstörung: Behandlungsprinzipien. *Psychodynamische Psychotherapie*, 18: 32-42.

2018

- Leichsenring F, Abbass A, Hilsenroth MJ, Luyten P, Munder T, Rabung S, **Steinert C** (2018). „Gold standards“, plurality and monocultures: the need for diversity in psychotherapy. *Frontiers in Psychiatry*, 9 (Article 159): 1-7.
- Salzer S, Stefini A, Kronmüller K-T, Leibing E, Leichsenring F, Henningsen P, Peseschkian H, Reich G, Rosner R, Ruhl U, Schopf Y, **Steinert C**, Vonderlin E, Steil R (2018). Cognitive-behavioral therapy and psychodynamic therapy in adolescents with social anxiety disorder: a multicenter randomized controlled trial. *Psychotherapy and Psychosomatics*, 87: 223-233.

- Leichsenring F, Abbass A, Driessen E, Hilsenroth MJ, Luyten P, Rabung S, **Steinert C** (2018). Equivalence and non-inferiority testing in psychotherapy research. *Psychological Medicine*, 48: 1917-1919.
- Leichsenring F, **Steinert C** (2018). Empirically supported methods of short-term psychodynamic therapy of anxiety and depressive disorders – towards an evidence-based unified protocol for emotional disorders. *Journal of Affective Disorders*, 232: 400-416.
- Leichsenring F, **Steinert C**, Crits-Christoph P (2018). On mechanisms of change in psychodynamic therapy. *Zeitschrift für Psychosomatische Medizin und Psychotherapie*, 64: 16-22.
- Leichsenring F, **Steinert C** (2018). The evidence for cognitive behavioral therapy-reply. *JAMA*, 319: 832-833.
- Leichsenring F, **Steinert C** (2018). Letter to the editor: written exposure therapy vs cognitive processing therapy. *JAMA Psychiatry*, 75: 757.
- Sarrar L, Engelhardt I, **Steinert C**, Staats H (2018). Förderung von Feinfühligkeit mithilfe des Paulina-Kernberg-Seminars – Eine Studie mit Studierenden des Studiengangs „Bildung und Erziehung in der Kindheit“. *Gruppenpsychotherapie und Gruppendynamik*, 54: 176-192.
- Penkova Z, Stark R, Leichsenring F, **Steinert C** (2018). The effects of waiting for treatment: A meta-analysis of wait-list control groups in randomized controlled trials for panic disorder. *Current Psychiatry Reviews*, 14: 60-70.

2017

- Leichsenring F, **Steinert C** (2017). Short-term psychodynamic therapy of obsessive-compulsive disorder: a manual-guided approach - treating the "inhibited rebel" (Lang, 2015). *Bulletin of the Menninger Clinic*, 81: 341-389.
- Leichsenring F, Abbass A, Hilsenroth MJ, Leweke F, Luyten P, Keefe JR, Midgley N, Rabung S, Salzer S, **Steinert C** (2017). Biases in research: risk factors for non-replicability in psychotherapy and pharmacotherapy. *Psychological Medicine*, 47: 1000-1011.
- **Steinert C**, Stadter K, Stark R, Leichsenring F (2017). The effects of waiting for treatment: A meta-analysis of waitlist control groups in randomized controlled trials for social anxiety disorder. *Clinical Psychology & Psychotherapy*, 24: 649-660.
- **Steinert C**, Bumke PJ, Hollekamp RL, Larisch A, Leichsenring F, Mattheß H, Sisokhom S, Sodemann U, Stingl M, Thearom R, Vojtová H, Wöller W, Kruse J (2017). Resource activation for treating PTSD, comorbid symptoms and impaired functioning: An RCT in Cambodia. *Psychological Medicine*, 47: 553-564.
- Leichsenring F, **Steinert C** (2017). Is CBT the gold standard for psychotherapy? – The need for plurality in treatment and research. *JAMA*, 318: 1323-1324.
- **Steinert C**, Munder T, Rabung S, Hoyer J, Leichsenring F (2017). Psychodynamic therapy: as efficacious as other empirically supported treatments? – A meta-analysis testing equivalence of outcomes. *American Journal of Psychiatry*, 174: 943-953.
- Abbass A, Luyten P, **Steinert C**, Leichsenring F (2017). Bias Toward Psychodynamic Therapy: Framing the problem and working towards a solution. *Journal of Psychiatric Practice*, 23: 361-365.
- Leichsenring F, **Steinert C** (2017). Further evidence for short-term psychodynamic therapy in major depressive disorder: Updating the Canadian Network for Mood and Anxiety Treatments (CANMAT) 2016 Guidelines. *Canadian Journal of Psychiatry*, 62: 75-76.
- **Steinert C**, Munder T, Rabung S, Hoyer J, Leichsenring F (2017). Different standards when assessing the evidence for psychodynamic therapy? - Reply to Cristea et al. *American Journal of Psychiatry*, 174: 1123-1124.

- **Steinert C**, Leichsenring F (2017). No psychotherapy monoculture for anxiety disorders. *Lancet*, 389: 1882-1883.
- Leichsenring F, **Steinert C** (2017). La terapia cognitivo-comportamentale è veramente la più efficace? *Psicoterapia e Scienze Umane*, 51: 551-558.

2016

- **Steinert C**, Bumke PJ, Hollekamp RL, Larisch A, Leichsenring F, Mattheß H, Sisokhom S, Sodemann U, Stingl M, Thearom R, Vojtová H, Wöller W, Kruse J (2016). Treating posttraumatic stress disorder by resource activation in Cambodia. *World Psychiatry*, 15: 183-185.
- **Steinert C**, Kruse J, Leichsenring F (2016). Long-term outcome and non-response in psychotherapy: Are we short-sighted? *Psychotherapy and Psychosomatics*, 85: 235-237.
- **Steinert C**, Schauenburg H, Dinger U, Leichsenring F (2016). Psychodynamische Kurzzeittherapie der Depression – ein evidenzbasiertes vereinheitlichtes Therapieprotokoll. *Psychotherapie - Psychosomatik - Medizinische Psychologie*, 66: 9-20.
- Leichsenring F, **Steinert C** (2016). Replicability in psychotherapy research: uncontrolled risk factors and proposed measures. *Psychotherapy and Psychosomatics*, 85: 371-372.
- Leichsenring F, **Steinert C** (2016). Psychodynamic therapy of obsessive-compulsive disorder: principles of a manual-guided approach. *World Psychiatry*, 15: 293-294.
- Leichsenring F, **Steinert C**, Hoyer J (2016). Psychotherapy versus pharmacotherapy of depression: What's the Evidence? *Zeitschrift für Psychosomatische Medizin und Psychotherapie*, 62: 190-195.
- Leichsenring F, Ablon S, Barber JP, Beutel M, Connolly Gibbons MB, Crits-Christoph P, Klein S, **Steinert C**, Wiltink J, Salzer S (2016). Developing a prototype for short-term psychodynamic (supportive-expressive) therapy: a study with the Psychotherapy Process Q-Set (PQS). *Psychotherapy Research*, 26: 500-510.
- Leichsenring F, Jaeger U, Masuhr O, Dally A, Dümpelmann M, Fricke-Neef C, Rabung S, **Steinert C**, Streeck U (2016). Psychoanalytic-interactional therapy versus psychodynamic therapy by experts for personality disorders: A randomized controlled efficacy-effectiveness study in Cluster B personality disorders. *Psychotherapy and Psychosomatics*, 85: 71-80.
- **Steinert C**, Leichsenring F, Kruse J (2016). Der Langzeitverlauf psychischer Störungen und seine Prädiktoren – zentrale Ergebnisse aus vier systematischen Übersichtsarbeiten. *Versicherungsmedizin*, 3: 116-121.
- Leichsenring F, Abbass A, Gottdiener W, Hilsenroth MJ, Keefe JR, Luyten P, Rabung S, **Steinert C** (2016). Psychodynamic therapy: a well-defined concept with increasing evidence. *Evidenced Based Mental Health*, 19: 64.

2015

- **Steinert C**, Hofmann M, Leichsenring F, Kruse J (2015). The course of PTSD in naturalistic long-term studies: High variability of outcomes. A systematic review. *Nordic Journal of Psychiatry*, 69: 483-496.
- **Steinert C**, Klein S, Leweke F, Leichsenring F (2015). Do personality traits predict outcome of psychodynamically oriented psychosomatic inpatient treatment beyond initial symptoms? *British Journal of Clinical Psychology*, 54: 109-125.
- Leichsenring F, Luyten P, Hilsenroth MJ, Abbass A, Barber JP, Keefe JR, Leweke F, Rabung S, **Steinert C** (2015). Psychodynamic therapy meets evidence-based medicine: A systematic review using updated criteria. *Lancet Psychiatry*, 2: 648-660.

- Leichsenring F, Leweke F, Klein S, **Steinert C** (2015). The empirical status of psychodynamic psychotherapy - an update: Bambi's alive and kicking. *Psychotherapy and Psychosomatics*, 84: 129-148.
- Leichsenring F, **Steinert C** (2015). Psychotherapie bei strukturellen Störungen: aktueller Forschungsstand. *Psychodynamische Psychotherapie*, 3: 190-195.

2014 und früher

- **Steinert C**, Hofmann M, Kruse J, Leichsenring F (2014). Relapse rates after psychotherapy for depression - stable long-term effects? A meta-analysis. *Journal of Affective Disorders*, 168C: 107-118.
- **Steinert C**, Hofmann M, Kruse J, Leichsenring F (2014). The prospective long-term course of adult depression in general practice and the community. A systematic literature review. *Journal of Affective Disorders*, 152-154: 65-75.
- **Steinert C**, Hofmann M, Leichsenring F, Kruse J (2013). What do we know today about the prospective long-term course of social anxiety disorder? A systematic literature review. *Journal of Anxiety Disorders*, 27: 692-702.

Monographie/Buchbeiträge

- Heim N, **Steinert C**, Leichsenring F (in Druck). Research on the efficacy and effectiveness of short- and long-term psychodynamic psychotherapies. In GO Gabbard, BE Litowitz, P Williams (Eds), *Textbook of psychoanalysis (third edition)*. American Psychiatric Association Publishing.
- **Steinert C**, Leichsenring F (in Druck). Praxis der psychodynamischen Psychotherapie. In C Konrad & S Losekam (Hrsg): *Praxis der Depressionsbehandlung* (2. Auflage). Springer.
- Leichsenring F, **Steinert C** (2022). Applications of psychodynamic psychotherapy to specific disorders. In H Crisp & GO Gabbard (Eds): *Gabbard's Textbook of Psychotherapeutic Treatments* (2nd Edition). American Psychiatric Association Publishing
- **Steinert C** (2022). Berufsarbeit. In T Nolte & K Rugenstein (Hrsg): *365 x Freud. Ein Lesebuch für jeden Tag*. Klett-Cotta-Verlag.
- **Steinert C** (2022). Trauerarbeit. In T Nolte & K Rugenstein (Hrsg): *365 x Freud. Ein Lesebuch für jeden Tag*. Klett-Cotta-Verlag.
- **Steinert C** (2022). Zwang und Gegenzwang. In T Nolte & K Rugenstein (Hrsg): *365 x Freud. Ein Lesebuch für jeden Tag*. Klett-Cotta-Verlag.
- Leichsenring F, **Steinert C**, Salzer S (2020). Short-term psychodynamic therapy of generalized anxiety disorder. In AL Gerlach & AT Gloster (Hrsg): *Generalized Anxiety Disorder and Worrying: A Comprehensive Handbook for Clinicians and Researchers*. Wiley.
- **Steinert C**, Kruse J, Leichsenring F, Mattheß H, Wöller W (2019). Psychodynamically informed treatment for trauma in the context of refugee crises and political violence. In D Kealy & J Ogradniczuk (Eds): *Contemporary Psychodynamic Psychotherapy*. Elsevier, S. 319-334.
- Leichsenring F, **Steinert C** (2019). The Efficacy of Psychodynamic Psychotherapy: a review. In D Kealy & J Ogradniczuk (Eds): *Contemporary Psychodynamic Psychotherapy*. Elsevier, S. 49-74.
- Leichsenring F, **Steinert C** (2018). Wie wirksam ist das Verfahren? Empirische Forschung zur Wirksamkeit der psychodynamischen Therapie. In W Wöller & J Kruse (Hrsg): *Tiefenpsychologisch fundierte Psychotherapie*. Schattauer, S. 32-44.
- **Steinert C**, Leichsenring F (2017). *Psychodynamische Psychotherapie in Zeiten evidenzbasierter Medizin*. Vandenhoeck & Ruprecht.
-