

Erfahrungsbericht/Experience Report

1) Ihre Gasthochschule bzw. Praktikumsinstitution/Your host university or internship institution

Bitte beschreiben Sie kurz Ihre Gasthochschule/Ihre Praktikumsinstitution.

Please describe briefly your host university/your internship institution.

Unipd is a very big university, the second oldest one and has a wide range of study programs. The campus is spread all over the city and you will find beautiful old libraries, buildings and famous professors.

2) Ihr Studium bzw. Praktikum/Your studies or internship

Bitte beschreiben Sie die während Ihres Studienaufenthalts besuchten Kurse/Tätigkeiten im Praktikum. Wie zufrieden waren Sie mit der Betreuung? Wie waren die Studien-/Arbeitsbedingungen? Gab es Anwesenheitspflichten für Kurse? Wie wurden Prüfungsleistungen absolviert? Gab es besonders positive und/oder negative Erlebnisse?

Please describe the courses you attended during your study abroad/activities you carried out during your internship. Were you satisfied with the provided mentoring services? How were the study/work conditions? Was attendance in classes mandatory? How did final examinations work? Have you had any especially positive and/or negative experiences?

I was very happy with the courses I took. The professors are welcoming and interested in the students' opinion and like to interact. However, my courses were only lectures. The technical equipment is of high standard which made it possible to either come to class in person or to study online from distance. The mandatory attendance was checked through software which made any workflow very smooth. We often had group projects and presentation. This made it possible to dive into a topic a little deeper and to get to know each other. Very soon you will notice the difference between a psychoanalytic approach and a more empirical one which can be enriching.

3) Integration/Integration

Wie haben Sie sich eingelebt? Haben Sie andere Studierende der Gasthochschule/Institution kennengelernt? Wie haben Sie den Aufenthalt interkulturell wahrgenommen?

How did you settle in? Did you get to know other students of the host university/institution? How did you experience your stay abroad on an intercultural level?

The students as well as the professors were very welcoming to exchange students. I took Italian classes and tried to get in contact with Italian students which was not very difficult. Of course, it takes some time, but any opinion or idea is highly appreciated. For the group work I sometimes had some difficulties to integrate myself as they spoke very fast and unclearly. However Italian people are mostly very nice and open.

4) Vorbereitung/Preparation

Wie haben Sie sich auf den Auslandsaufenthalt vorbereitet? Haben Sie Empfehlungen zur Planung bzw. was besonders zu beachten ist, z.B. für Visa, Versicherung, Anreisemöglichkeiten? Wie sah die Bewerbung an der Gasthochschule/Praktikumseinrichtung aus? Gab es Einführungsveranstaltungen an der Gastuniversität? Gab es ein Tutor_innen/Buddy-Angebot?

How did you prepare for your stay abroad (language, interculturally, study related, organizationally etc.)?

In the beginning we had Welcome Days at Unipd that taught us the main principles at the university. This was helpful, but as it was online, we barely had the chance to get to know each other. I would recommend to arrive one or two weeks early to get to know the city and the surroundings.

6) Unterkunft/Accommodation

Wie haben Sie Ihre Unterkunft gefunden?

How did you find your accommodation? On average, how high were your living expenses per month in your host country?

My accommodation was posted online in facebook groups. I don't remember the exact name, but try to tipe 'Cerco, offro casa Padova'. I highly recommend looking for private housing with other students so you can truly get to know the Italian culture.

7) Alltag und Freizeit

Wie hoch sind die monatlichen Lebenshaltungskosten? Kosten und Tipps bzgl. der öffentlichen Verkehrsmittel und der Freizeit- und Sportangebote?

How high are the monthly average cost of living? Costs and recommendations regarding public transport, leisure time and sports?

On average I spent about 450 euros a month including the rent and living expenses. Be aware that being abroad doesn't help if you would like to save money. I highly recommend using the weekends during the semester to travel across northern Italy. In our leisure time we usually went to some place and had something to drink, played games outside, etc. In Padova you will get along by bike easily. You can buy a bike on facebook groups or on 'subito', the Italian version of ebay.

8) Fazit/Conclusion

Was hat Ihnen der Auslandsaufenthalt persönlich gebracht? Wie lautet Ihr Fazit?

What are your personal gains from your stay abroad? What are your conclusions?

In conclusion, I am very happy to have lived in Padova and to have been able to get to know and the Italian culture. My experience was incredibly enriching in the sense that I also learned a lot about my own culture and language. The freedom we felt being there was amazing. I have made very important friends with whom I can share my memories and so many different people I will never forget.

9) Fotos/Pictures

Falls vorhanden, fügen Sie im Folgenden bitte ein paar Fotos Ihres Aufenthaltes ein oder senden uns diese zusammen mit dem Bericht per Mail zu. Die Fotos dürfen keine Gesichter anderer Personen erkenntlich abbilden.

If available, please add some pictures from your stay abroad or send them to us via email together with the report. The pictures must not depict any other persons' faces.



