

# Study Participation

## Wise Interventions (WISENT) – Action-oriented approaches in refugee projects

**We seek people, who are working voluntarily with refugees, and who are interested in participating at the WISENT Study at the International Psychoanalytic University (IPU) Berlin. The study explores possibilities to improve life satisfaction and social participation.**

### Background

During voluntarily work with refugees, people often experience various challenges that may lead to frustrations and helplessness. Social participation and satisfaction with life may help to deal with such challenges. In this study, we explore positive effects of personal values.

### Who can participate

Women and men can participate in this study, who

- work with refugees voluntarily,
- are at least 18 years old,
- speak English or German
- and do not have a mental illness that needs to be treated.

### We offer

- Interesting insights in your personal values,
- Individual feedback on request,
- an expense allowance of 20 € (10 € per appointment).

### Schedule & Location

Two appointments of about 50 minutes over a period of three months at the International Psychoanalytic University (IPU) Berlin, Stromstraße 3b, 10555 Berlin (Moabit).

You will receive further information when arranging your appointment.

### Contact

If you are interested in participating at the study, please contact via email:

Email-address: [projekt.wisent@ipu-berlin.de](mailto:projekt.wisent@ipu-berlin.de)

### Director of Studies

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