



Research concept

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1 Research profile

The core elements of psychoanalysis include scientific-theoretical, historical, sociological and philosophical reflections. In connection with therapeutic applications to the individual, this includes research into cultural-scientific subject areas such as the analysis of everyday cultural phenomena, social transformations, action in small and large groups and in organizations, the erasure of myths, art and literature among its most important fields of practice. In the debate with neighboring disciplines, psychoanalysis represents a position that constantly questions the separation of "pure" humanities and cultural science from scientific knowledge of the world. Psychoanalysis emphasizes the bodily conditionality of psychological processes without reducing them to a materialistic monism. It has constantly explored the complex interplay, fractures and interactions between different perspectives.

The research profile of the IPU therefore expands the primarily behavioral science orientation of academic psychology at most state universities in recent decades to include cultural and social science as well as psychoanalytic approaches. In this way, interfaces between clinical and non-clinical approaches to psychology and psychotherapy, also based on psychoanalysis as a culturally reflective methodology, are being identified. The aim is to take account of the fact that psychological processes, including coping patterns, are conditioned in a variety of ways from both an individual and socio-cultural perspective and vary interactively, i.e., it is always a matter of mediating processes between different levels of the social and individual psychologically predisposed processing methods.

Methodologically, research at the IPU moves along several dimensions. It takes place against the background of scientific-theoretical approaches from the humanities as well as from the natural sciences and is designed to be both *inductive* (theory-generating) and *deductive* (theory-testing). Accordingly, research at the IPU makes use of *theoretical and* hermeneutic methods *from the humanities* as well as *empirical*, qualitative and quantitative approaches. It includes methodological and scientific-theoretical reflections and contributes to the further development and differentiation of the methodological reservoir of psychological and psychoanalytic research in relation to both clinical and non-clinical issues.

The IPU's research profile comprises *three overarching focal points*, which are to be further developed in the following directions over the next few years based on the foundations already established:

- *Psychotherapy research and its foundations*, which goes hand in hand with a broad spectrum of questions on research into mental disorders as well as process, process-outcome and outcome research.
- *Analysis of cultural and social transformation processes*, with which overall social and cultural transformation processes are examined from an interdisciplinary and transdisciplinary perspective, as they have significant effects on actors in all areas of their lives and lead to tense standardizations and changes in practice.
- *Conceptual research with a focus on psychoanalytic subject theory and epistemology*, which concerns itself with the interface of psyche and society in terms of cultural psychology, among other things, and focuses primarily on psychoanalytic subject theory, epistemology, and discourse criticism.

2 Main research areas

2.1 Psychotherapy research and its foundations

Psychotherapy research and its foundations form the main focus of the research projects based at the IPU. It covers a broad spectrum of issues in clinical psychology, developmental psychopathology and psychotherapy outcome and process research, which are investigated in close cooperation with the psychotherapeutic outpatient clinic (HSA, see below). Research into its foundations focuses on risk factors, the development and progression of mental disorders, and their diagnosis. Affective and cognitive processes that can accompany changes in the psychotherapeutic context are also investigated, using behavioral, observational, and neuroscientific methods.

The central aspect of psychotherapy research at the IPU is the evidence-based application of psychotherapeutic methods, both in settings close to everyday life and in randomized controlled trials for patients of all ages and with a wide range of problems and illnesses relevant to clinical care. These include trauma disorders, affective disorders, obsessive-compulsive disorders, personality disorders, psychoses and anxiety disorders. Within this framework, therapy concepts for these mental disorders are also developed and tested, enabling a close link between university research and clinical practice.

Clinical studies and the preparation of reviews and meta-analyses on the effectiveness of psychotherapy generate results with the highest evidence level within evidence-based medicine, which are incorporated into domestic and international care guidelines.

Closely related to the question of *whether* a therapy works (outcome research), various studies on psychotherapy process research at the IPU investigate *how* a therapy works (process-outcome research). These studies on the impact factors and mechanisms of psychotherapy provide insights into the processes of change in therapy sessions and the course of therapy. Audio or video recordings are used to carry out in-depth analyses and evaluations that serve to ensure quality and further develop therapeutic methods. Questions on the side effects of psychotherapy and qualitative evaluations of patient and therapist perspectives on clinical research open up further perspectives.

In order to adequately clarify such questions, a mixed-methods approach is becoming increasingly established at the IPU, which combines quantitative and qualitative methods in a concept-led manner in order to research therapeutic factors in their complexity. Through the increased inclusion of qualitative methods, the concept of personalized psychotherapy will also be given greater consideration in the future.

Research into mental disorders (development, course, risk and protective factors, as well as their cognitive-affective foundations), work on neuropsychanalysis, trauma research, (early) prevention, diagnostics, and supervision and training research complement process and outcome research with methods and approaches from related research areas and stimulate interdisciplinary discourse.

The focus on psychotherapy research and its foundations is widely networked in Germany and abroad. Some of the IPU's research projects are carried out as part of large collaborative projects in cooperation with other universities, research institutions, and clinics.

Studies from the IPU's psychotherapeutic outpatient clinic play a key role in this. Currently, more than 500 treatments take place at this research and teaching clinic every year, and each of these therapies is evaluated as part of the psychotherapy research carried out here.

Overall, research at the HSA can be broken down as follows:

- Empirical psychotherapy research (routine outcome monitoring, ROM) at the HSA: Baseline,

progress, and outcome surveys are carried out for all treatments, which can serve as a basis for further studies.

- An exemplary selection of current HSA projects at the IPU include
 - a) Evaluation of a treatment program for adults affected by sexual abuse or violence in childhood and adolescence (ENHANCE trauma study, Prof. Salzer)
 - b) Evaluation of the parent-infant-toddler psychotherapy by means of prevalence and intervention studies (SKKIPPI, Prof. Kuchinke and Prof. Ludwig-Körner)
 - c) Evaluation of effectiveness, sustainability, and efficiency in the treatment of anxiety and personality problems (APS, Prof. Huber)
 - d) Research into long-term outpatient group psychotherapies (IPU Group Therapy Lab, headed by Dr. Staun)
 - e) Research into psychotherapies for patients with psychoses and complex illnesses (Psychosis Outpatient Clinic Berlin, headed by Prof. von Haebler)

The HSA also supports psychotherapy research projects in cooperation with other universities, also at the thesis level. One example of this is qualitative research on silence in psychotherapy, which is currently being carried out by two master's students at Stockholm University.

In addition, the HSA will participate in a multi-center study on the quality characteristics and relevance of care in psychoanalytic outpatient clinics (QVA project). The QVA project combines health services research with basic research and has two objectives. Firstly, the participating outpatient clinics are provided with a system for data-supported quality assurance that enables a risk-adjusted overall evaluation of relevant patient and placement parameters. Secondly, accompanying scientific research is being carried out to examine important questions regarding the psychotherapeutic care provided by outpatient clinics.

Under the umbrella of the HSA, the IPU maintains the Psychosis Outpatient Clinic Berlin on the basis of a contract with Charité University Medicine Berlin, which cooperates closely with Charité's Psychiatric University Clinic at St. Hedwig Hospital. There is also cross-professional collaboration with the Department of Psychiatry and Psychotherapy at Charité Campus Mitte. In addition to supervising final theses, students and interns are also introduced to clinical research on patients with complex mental illnesses.

2.2 Analysis of cultural and social transformation processes

Digitalization and artificial intelligence, technological acceleration, developments in the labor market, social and institutional optimization, perfection requirements, climate change and sustainability discourse, new and old wars and associated forced migration, pandemics, the boom in conspiracy ideologies, and much more: the analysis of such cultural and social transformation processes, indicated by exemplary buzzwords, is carried out from an interdisciplinary and transdisciplinary perspective in this research focus. Central questions are: How is the coexistence of people in private, social, and professional contexts changing? How do individuals, communities and societies react to this? What holds them together, what separates or even divides them? How can Work 4.0 be conceived in a humanistic way in the face of dynamic competitive conditions and quantification logics? How has the coronavirus pandemic influenced the perception and experience of social relationships and collective belonging? What resources and skills are necessary in order to feel empowered as a subject or social

group and actively shape the social world? Critical psychology and psychoanalysis as a culturally reflexive paradigm have a key role to play in understanding the reciprocal and conflict-laden connections between social development processes, cultural and institutional change, changes in the world of work, individual lifestyles, and modes of subjectivation. The focus here is on lifeworld appropriation and translation processes as well as the associated experiences and perspectives of emancipatory social practices.

For example, two transdisciplinary collaborative projects funded by the Volkswagen Foundation "Aporias of Perfection in the Accelerated Modern Age" and "The Measured Life – Productive and Counterproductive Consequences of Quantification in Digitally Optimizing Society" (Frankfurt a. M., Jena, and Berlin) examined the ambivalent consequences of an optimization logic that is highly focused on quantitative increase, as it has gained in importance over the course of digital change. Using a three-part project design, the focus here is on productive and counterproductive dimensions of the "orientation towards numbers" and the measurement of life in the context of organizational and individual digital optimization processes, which are researched with regard to their intersubjective and psychological meanings.

2.3 Conceptual research with a focus on psychoanalytic subject and epistemology

The way in which we process, think, and research experiences depends on the concepts we use. At the same time, concepts are not only developed, but also changed and newly created. Reflecting on the associated processes and emerging relationships forms the focus of this research area.

In addition to the epistemological, social, and cultural-scientific reflection of psychoanalytic concepts, concept research is also understood as the a respective questioning of concepts from neighboring disciplines as well as empirical research on and with psychoanalytic concepts.

Since science is always situated in a concrete social and therefore also historical and cultural context, contributions to the theory and history of science and the history of concepts also deal with research on concepts in cultural and social change. Traditional concepts are examined for their currency and contemporary concepts are reflected against the background of their (scientific) history.

Research is conducted here at the intersections of psyche and society; this includes research on contemporary forms of subjectivity as well as methodological considerations on how to make subjectivity fruitful in the research process.

For example, the study "Procrastination. Psychoanalysis and Social Context" (2015-2018) was seated in this research focus, which, on the one hand, questioned the psychodynamics of this psychological term, which has migrated into everyday language. On the other hand, the study focused on the social significance of this phenomenon in order to, among other things, be able to answer the question of what the increase in procrastination (on a clinical/social psychological level) means and how the rise in relevance of the term since the 1990s is to be understood.

The project "Psychoanalysis and Culture in the 21st Century" is also part of this research focus of the IPU, which is carrying out a re-reading of the implicit and explicit cultural theoretical assumptions in psychoanalytic theory. The focus here is on the question of their currency and informative value for current interdisciplinary discourses and problems. Thus, work on central concepts and problems of psychoanalytic theory, such as sexuality, identity, majorities, authoritarianism, etc., as well as work on psychoanalysis as a science (cultures of knowledge) is continuously being produced here – also in exchange with neighboring disciplines. The project "Mediopassivity and Psychoanalysis", for example,

builds a bridge to clinical practice by making a socio-philosophical concept fruitful for clinical understanding.

3 Strategy development and cooperation

The further development of research at the IPU with its focal points described under point 2 is a central aspect of structural and developmental planning. To this end, the Commission for Structural and Development Planning meets regularly and is responsible for updating the corresponding five-year plans. For many years, the IPU has also had a research laboratory for the fundamental orientation of research, which is convened as required. In this case, the term "research laboratory" refers to a meeting of as many professors and academic staff as possible within a generous time frame, in which goals, future directions, and other questions relating to the research profile are discussed. The research laboratory is one of the most important instruments for strategy development at the IPU. The current research profile with the three focal points described under point 2 is also the result of such a process, which was developed by the research laboratory in 2020. The goals of the research laboratory will continue to cultivate a transparent research culture at the IPU, integrating new colleagues, expanding concepts where necessary, and preparing strategic decisions relating to research at the IPU.

Focus is also regularly directed towards further development of the IPU's methodological research repertoire in the area between humanities approaches and the natural sciences. The interlocking of inductive and deductive approaches based on theoretical humanities and empirical approaches is to be given even greater consideration in the future, which will be expanded through research collaborations within the IPU and with external partners.

Newly established professorships are based on the IPU's research profile. In order to further strengthen the main focus on psychotherapy research and its foundations, a professorship for *Clinical Psychology and Psychotherapy of Childhood and Adolescence* has been established and is expected to be filled in the winter semester 2023/24. The Professorship of *Cultural Studies with a focus on Psychoanalytic Cultural Studies* has recently been appointed and a newly established Professorship of *Transformation Psychology and the World of Work* is intended to strengthen the research focus on transformation research and concept research. The assistant professorship (with tenure track) for *Theoretical Psychoanalysis, which has already been filled*, is also related to this.

As part of the focus on psychotherapy research, cooperations with other universities enable the expansion of samples in order to be able to reliably answer more complex research questions. In addition, regional influencing factors can be controlled through multi-center studies. The university outpatient clinic offers IPU researchers the opportunity to set up research projects in this area in particular. With its possibilities and the authorization to carry out all standard psychotherapy methods, it offers an excellent basis for comparative psychotherapy studies. The existing structural basis for psychotherapy studies – also those in cooperation with other institutions – should be rapidly expanded. In order to further promote the strategic research orientation of the HSA – particularly in the areas of group psychotherapy, ADHD in adults, and personality disorders – a research coordination office will be set up in the near future.

With reference to the second research focus, the analysis of social and cultural transformation processes, the new funding period of the Erich Fromm Study Center (EFSC, 2021-2026), which is funded by the Karl Schlecht Foundation, will focus primarily on researching the consequences of digital transformation in the world of work and the associated opportunities for promoting sustainable

corporate structures. The approach developed by Erich Fromm of combining a psychodynamic understanding of the human being with social analysis offers an important starting point for reflecting on the ethical and moral framing of economic activities. Based on the preliminary work from the first funding period and in conjunction with an international conference on "Humanistic Transformation" organized by the EFSC in summer 2023, the *Erich Fromm Centre for Humanistic Ethics, Leadership and Counselling* will be established at the IPU, which will build on the analytical social psychology in Fromm's tradition and relate it to other contemporary currents. From an organizational psychology perspective, one of the aims is to investigate a transformative understanding of leadership.

In addition, due to the current international conflict situations, the focus of this research area is once again shifting more towards peace psychology. Against this backdrop, research on social trauma and social psychology studies on the impact of disasters, which is already based at the IPU, will be further expanded. This will build on previous work and cooperation with important organizations such as the UN and GIZ, regarding research on the psychosocial needs of former child soldiers and the potential appropriate strategies of interventions in crisis areas aimed at reconciliation. With Prof. Souza as a fellow of the Phillip Schwarz Initiative, greater attention will also be paid to the phenomena of right-wing extremism in the future.

As part of the research focus on concept research, it will also be an important task in the future to explore the possibilities and limits, opportunities and dangers of artificial intelligence against the background of concepts of the subject. Psychoanalytically based approaches are still underrepresented in the debate on the relationship between human and machine and related discussions on the development of society, but are of particular importance when it comes to an adequate picture of mankind and culture.

The relevant discourses also include transdisciplinary references and contributions to various fields such as social identity research, the question of identity work, and the role of the individual debates on post- or transhumanism, but also on neuropsychological, neuropsychanalytic, and cultural studies research.

In connection with such scientific issues, which are only mentioned here as examples, the establishment of new degree programs also follows the research profile of the IPU. The planned (and already accredited) English-language master's course in *Psychology focusing on Organization – Transformation Processes in Work, Society and Environment* was largely derived and developed from the research focus on transformation research. The IPU is aiming to open this course in the winter semester 2023/24. In turn, it forms the basis of the Erasmus Mundus Joint Master's program *Psychologists-in-Action – Social Psychology of Transformation: Understanding and Mastering Social Change*, which was recently applied for with the EU under the leadership of the IPU. In the same way, the preparation of the new, research-led master's program in *Cultural Studies with a focus on psychoanalytic cultural studies*, which is currently planned to open in the winter semester 2024/25, builds on the scientific questions anchored in the research profile's second focus.

A key aspect of the IPU's strategic development is its regional and nationwide institutional *research collaborations*. Regionally, the IPU already maintains a contractually agreed cooperation with Charité University Medicine Berlin via its psychosis outpatient clinic and is pursuit of joint research projects on the development of psychodynamically oriented psychosis therapy. The IPU has also been cooperating for many years with the eight psychoanalytically oriented psychotherapy training institutes in Berlin, which are members of the German Society for Psychoanalysis, Psychotherapy, Psychosomatics and Psychodynamic Psychology (DGPT). As part of the new master's program in psychology with a focus on

clinical psychology and psychotherapy, the IPU has formed cooperation agreements with internship institutions in Berlin and throughout the German-speaking world.

The IPU maintains long-term and contractually regulated nationwide collaborations with the Sigmund Freud Institute in Frankfurt am Main (SFI) and the Hans Kilian and Lotte Köhler Center for Social and Cultural Psychology and Historical Anthropology (KKC) at the Department of Social Theory and Social Psychology at Ruhr University Bochum. Of particular importance in terms of research strategy is the joint IPU and KKC Graduate School "*Trauma and Collective Violence: Articulation, Negotiation and Recognition*", which opened at the beginning of 2023 and will strengthen research and the development of young researchers in the coming years, particularly in the field of psychoanalytic cultural studies (see 4.6).

Collaborations on Social Trauma in Changing Societies are internationally established in research networks with universities in the Balkan region. The universities of Niš, Banja Luka, and Sarajevo also act as partner universities for the Erasmus Mundus Joint Master's program, in the context of which new collaborations with the universities of Padua, Lisbon and, Tallinn are also being developed. In the future, these collaborations will not only extend to joint study programs, but also to cooperative research projects.

New international collaborations have also emerged on the basis of the DAAD-funded Horst Kächele Guest Chair, for example with Prof. Dr. Mark Solms (Cape Town), Prof. Dr. Heidi Levitt (Boston) and Prof. Dr. Christopher Muran (New York), which have led to a lively exchange at the IPU, also involving doctoral candidates. These newly established research collaborations extend beyond the duration of the guest stays and have resulted, among other things, in joint publications with IPU professors and their doctoral candidates and in further joint project initiatives. This DAAD-funded program has become proved to be extremely successful overall. Once the funding for the international guest chair has expired, the IPU will endeavor to find a successor and, during a transitional period, secure its staffing from its own funds if necessary.

4 Linking research and teaching

The IPU Berlin promotes the development of a (self-)reflective attitude in teaching, research, and clinical application as well as a correspondingly close link between these three levels and an interdisciplinary and international dialog. Research and teaching at the IPU are complementary to each other and form a unit in the Humboldtian sense. Its courses are aimed at students in full-time courses (bachelor's and master's degree in psychology) as well as part-time courses, in which face-to-face studies are supplemented by digital teaching/learning opportunities. This makes it possible to combine work, family, and studies in a variety of ways.

The teaching of research practice is a key aspect in the design of all degree programs at the IPU. When appointing new professors, a decisive criterion is their integration into and potential contribution to the research profile and into the study programs. In teaching, IPU professors establish links to their own research by presenting relevant research projects and highlighting opportunities for integrating student activities, such as bachelor's or master's theses.

The international visiting professorships mentioned under point 3 are also closely involved in teaching. As a co-founder of neuropsychanalysis, Prof. Mark Solms has extensively introduced students to this field. Prof. Heidi Levitt, as a leading representative of qualitative approaches in psychotherapy

research, shared her experiences with students, and Prof. Christopher Muran presented his research on ruptures and their resolution in psychotherapeutic interactions.

Research collaborations at the IPU are also to be further expanded and stabilized in the future through active participation in international conferences and meetings of international working groups. The IPU provides financial support for travel and conference participation, especially for young researchers and, in individual cases, students, as part of its support for young scholars.

The provision of data from psychotherapy process research for other research groups and participation in multicenter studies to expand research collaborations have also proven their worth – in compliance with data protection requirements.

The following are examples of individual instruments that have already been established at the IPU for linking research and teaching and are therefore to be continued and in some cases further expanded.

4.1 Research day

In order to motivate students and provide them the opportunity to participate in research early on in their studies, a research day is held annually. Here, IPU researchers present their projects and identify areas in which students can participate. Essentially, topics for theses and areas open for research internships are presented, and initial contact can be made with potential supervisors on site.

The Research Day has proven its worth in giving students an insight into the research landscape at the IPU from the beginning of their studies and showing them opportunities to actively participate in research. Students can also get to know various research methods outside of their research methods courses. New forms of student research participation at the IPU, such as the thematic classes within the Deutschlandstipendium (see 4.5), will also find their place here in the future.

4.2 Research colloquia

The research colloquia at the IPU also serve to combine research and teaching. They are already offered by professors for bachelor's and master's students, both full-time and part-time, and are very popular with students. In future, they will be encouraged to take part in these colloquia even earlier in their studies, depending on their interests. Young scholars – especially during the doctoral phase – are also included here with their research work. In some cases, several professorships are jointly responsible for the research colloquia. In this way, they promote discourse between researchers in all qualification phases and encourage both subject-related and transdisciplinary exchange.

The organization of a research colloquium poses a benefit for IPU professors if at least five students participate during the preparation of their theses. If this criterion is met, 1 SWS per year can be credited to the teaching load.

Research colloquia also take place as part of the structured doctoral programs – the doctoral college and the IPU-KKC graduate school – which are also open to selected students in the advanced master's phase.

Finally, part of the reorientation of promoting research for students is their inclusion in the Research Forum (see 8.2), which was previously only open to IPU researchers. Since 2022, students have also been encouraged to take part so that they can experience the practical implementation of what they have learned in lectures and seminars on research methods at the IPU.

4.3 Student assistants

Student assistant positions at the IPU are usually filled by IPU students.

Each professorship at the IPU is endowed with a student assistant position, the holder of which is involved both in the preparation of teaching and in the work of the department's research groups. At the IPU, their activities are not limited to additional work, rather, student assistants are also encouraged to make their first independent scientific contributions. There has already been some positive experience with this, which should be encouraged and utilized even more in the future. In addition, IPU researchers regularly acquire third-party funding for research projects, which also include support for student assistants.

4.4 Research internships

Teaching research practices is a central aspect of all degree programs at the IPU. Internships are partly embedded in the curriculum of the degree programs. As far as the relevant requirements allow, the IPU endeavors to give students the opportunity to complete these internships as part of research projects at the IPU. The university outpatient clinic and the psychosis outpatient clinic also offer research internships in the field of clinical psychology.

The polyvalent BSc Psychology comprises two profiles. In the psychotherapy profile, students must complete an internship with clinical relevance to psychotherapy. For admission to the licensing examination, clinical internships with fixed practical components are required in both the bachelor's and master's degree programs. In the psychology profile of the BSc, the internship can be completed in all areas of psychology, thus also as a research internship, even if this profile does not qualify for the licensing examination. In order to provide students with a sufficient breadth of research experience, both profiles can be studied in parallel as part of the polyvalent BSc Psychology at the IPU and thus both the requirements for licensure and practical research experience can be acquired.

4.5 Germany Scholarships

Particularly talented and committed students can be supported with a Deutschlandstipendium (Germany Scholarship; cf. Concept for Promoting Young Scholars, point 5.1) in the amount of €300 per month. These students are selected by the scholarship committee. The IPU Berlin will continue to seek sponsors for this purpose, including from the IPU Sponsors and Fundraisers Association, the Foundation to Promote University Psychoanalysis, the Harald Leupold-Löwenthal Foundation Fund and other foundations.

From the winter semester 2023/24, thematic classes for five students each will be advertised for the first time in addition to thematically independent scholarships. The topics are derived from the IPU's research profile and are intended to involve students in a collective research process at an early stage in order to enable them to take a conceptual approach to working on research questions under supervision and to cooperate with each other. Thematic classes of the Deutschlandstipendium are seen as an additional instrument for joint academic work while studying. At the start of the winter semester 2023/24, a "Friedrich Thematic Class: Future" funded by the Friedrich Foundation Hannover, a thematic class on "Aggression and Violence" funded by the "Priv.-Doz. Dr. Harald Leupold-Löwenthal" foundation, and a thematic class "Artificial Intelligence and Psychoanalysis" will begin their work.

4.6 Structured doctoral programs

The IPU offers two structured doctoral programs (cf. Concept for Promoting Young Scholars, point 6.3), whose courses are also open to selected students in the advanced phase of their master's degree. The IPU doctoral program "Psychoanalysis in Discourse" is designed in line with the research profile and its three main research areas and is aimed at all doctoral students at the IPU – as an optional offer, as long as the IPU does not have an independent right to award doctorates.

The new IPU-KKC Graduate School (see point 3) is thematically located in the field of psychoanalytic cultural studies and will intensify research in this area. It is largely compulsory for the scholarship holders of this program

5 Commissions and guidelines

5.1 Research Commission

The IPU's permanent Research Commission (Forschungskommission; "Foko"), which is appointed by the Academic Senate of the IPU, comprises six professors, the Vice President and one representative each from the group of academic staff, administration and students (plus proxies). The academic members of the commission represent all three main research areas pursued at the IPU. Care will be taken to maintain this distribution in future appointments.

The Research Commission moderates research profiling processes. It assesses applications for seed funding (see 6.1.) for projects that will seek external funding, for which each member prepares a brief statement. Questions and points of criticism are reported back to the applicants and, if necessary, discussed together so that the application can then be revised if necessary. On this basis, the commission makes a recommendation for approval to the university management. In the future, it is planned to improve the feedback system by providing a short written report on funded projects after the processing period, stating whether the seed funding was carried out and completed as planned, whether a third-party funding application was submitted and approved or possibly rejected on what grounds, what corrections or additional support are required, and whether there are plans for further or alternative third-party funding initiatives. This is intended to encourage, promote, and maintain a critical discussion of errors in the research forum, also with the future involvement of students (see 8.2.).

5.2 Scientific Advisory Board

Until recently, the Scientific Advisory Board was part of the Board of Trustees and Supervisory Board, but in the future, it will be independent and exclusively responsible for the university. This change is necessary in order to separate the supervisory and advisory functions with regard to the founding bodies and thus ensure the independence of scientific recommendations and judgments by the scientific advisory board. In future, its composition will no longer be determined by the foundation or supervisory board, but by the university, which will submit its proposals to the supervisory board for confirmation. The previous International Advisory Board will be partially absorbed into the new Scientific Advisory Board, where international researchers will also be represented to a greater extent than before.

In the future, the IPU Berlin's Scientific Advisory Board will have its own section in the university

constitution. It will consist of up to six internationally renowned scholars and will advise the university on questions of research, in particular its strategic orientation and the development of study programs in connection with the updated research profile.

5.3 Good scientific practice

On 25 January 2013, the IPU issued guidelines to ensure good scientific practice and to prevent scientific misconduct. It has also signed the DFG's (German Research Foundation) Declaration of Commitment and is recognized by the DFG as eligible to submit proposals.

Two ombudspersons for issues of good scientific practice are anchored in the IPU's constitution (Section 16) and are appointed by the President for a term of five years. They are available as contact persons for reports of scientific misconduct.

The Ethics Commission also examines the ethical soundness of research projects proposed by IPU researchers. It issues statements on research projects that are funded by the IPU Berlin, financed by third-party funds, or planned as part of final theses. The Ethics Commission consists of four professors, two students, one member of the mid-level research staff and one member of the administration. If necessary, the Ethics Commission advises the applicants on how the guidelines and data protection aspects can be implemented in the context of the respective research projects.

In justified cases that touch on more far-reaching ethical issues, the commission may also take action upon request.

The Ethics Commission acts independently of the university or university management and its work is governed by set regulations.

The IPU Ethics Commission is a member of the DGP's (German Society for Psychology) network of local ethics commissions.

6 Funding instruments

6.1 Seed funding

In order to support the acquisition of externally funded projects, the IPU offers the opportunity to submit an application for seed funding in preparation for larger projects. Applications must be submitted to the Research Commission (see 5.1), which reviews them and makes a recommendation to the university management, which decides on funding. Guidelines for submitting applications and information on the procedure of the Foko can be found on the intranet and can be viewed directly on the research page of the IPU homepage in the future.

At the time this instrument was introduced, applications for seed funding were initially limited to professors; for some years now, postdoctoral research staff at the IPU have also been eligible to apply. Applications can be made for up to a maximum of €20,000. The IPU has a total budget of €100,000 per year available for seed funding.

Through flexible handling of the funding, the amount has proven to be appropriate for current research activities, but will continue to be regularly reviewed in dialog between the university management and the Foko.

6.2 Share of overhead

In addition to research funding, third-party funding bodies generally grant a so-called overhead, which is available to the institution for the structural and administrative support of the research project. Researchers at the IPU are awarded up to 50% of this overhead in order to establish further research projects.

6.3 Teaching load and research semester

Each semester, the IPU grants one of the full-time professorships a research semester upon request. Further reductions in teaching load are granted for the preparation of larger research projects.

In order to effectively promote successful and timely doctorates at the IPU, the teaching load on doctoral candidate positions will be reduced from six to four credit hours per semester (full-time, otherwise pro rata) from 1 October 2023 (cf. Concept to Promote Young Scholars, point 6.5) and thus brought into line with the teaching load at state universities. This means that academic staff at the IPU who are completing their doctorates have the opportunity to plan their teaching load in such a way that they have the freedom to concentrate on their own academic work. Teaching loads can be balanced out, and in certain semesters more teaching can be offered than the required teaching load, so that in the following semesters it is possible to have a reciprocal reduction in teaching.

6.4 Doctoral scholarships

Two scholarships for the promotion of doctorates, open to all areas of psychoanalysis, are awarded annually by the Foundation to Promote University Psychoanalysis.

In addition, it temporarily offers up to four doctoral scholarships per year for graduates who have completed their master's degree under the old regulations (i.e. under the Psychotherapy Act, which was in effect until 2020) and can therefore only complete psychotherapy training through 2032. This temporary funding is aimed specifically at young scholars who are expected to continue pursuing a career in science after successfully completing their doctorate and psychotherapy training.

In January 2023, six scholarships were also awarded for the first time for the joint IPU-KKC Graduate School (see points 3 and 4.6), three of which were awarded by the IPU. This graduate school will be funded for a total of four years, with the aim of subsequently awarding a further six scholarships.

6.5 Research Fellowship

Cooperating partners of the IPU can be associated with the IPU as Research Fellows (cf. Concept to Promote Young Scholars, section 4.2). Research Fellows do not receive a salary, but can request a workplace at the IPU and are contractually entitled to use all IPU resources.

Since the winter semester 2021/22, the IPU and the KKC Bochum have also been awarding an annual IPU-KKC Fellowship to outstanding young researchers in the field of cultural studies in the postdoctoral phase as part of their cooperation agreement. The IPU-KKC Fellow is associated with the IPU for one semester and the KKC for one semester during the year of funding. The fellowship includes funding for the organization of a symposium with the participation of renowned external researchers.

6.6 Open Access publications

The IPU will continue to provide grants for Open Access publications totaling up to €10,000 per year. IPU researchers are eligible to apply, whereby individual publications can be supported with a maximum of €1,500.

Approval is granted in accordance with these criteria adopted by the Research Commission:

- the applicant is the first or last author
- the journal must be listed in a database applicable to the subject (in psychology, for example, PsycINFO)
- publication must have been preceded by a peer review process.
- the open access publication cannot be fully financed by other funding
- funding is also possible if the open access publication is in addition to a print version
- The IPU is also included in the promotion of Open Access publications by DEAL.

7 Quality assurance

The quality of research can only partly be determined by quantification (such as the number of publications or the third-party funding acquired by individual researchers). The IPU's research funding – e.g. funding for open access publications and seed funding – takes this into account.

In 2022, an initiative was started in recording the publication details of academic staff in the software EndNote. This is intended to create a joint database of publications that can be used as a basis for bibliometric analyses, e.g., for accreditation procedures, and should also be available online for students to research in the future.

At the IPU, the management of ambitious research begins with the appointment procedures for new or newly vacant professorships. The decisive criterion here is the fit with the research profile. The appointment procedures are aimed at attracting bright minds, based on their proven qualifications, and placing the development of the future research strategy in their hands.

The IPU was recently granted the opportunity by the Berlin Senate Administration to advertise professorships in parallel or alternatively as full professorships or assistant professorships and then to fill them accordingly depending on the qualifications and experience of the candidates. This option is possible because the IPU, as a non-state university, has no civil service law. The procedure has now been successfully practiced several times, so that two assistant professorships with tenure track have already been filled since October 2022. This option is to be used more frequently at the IPU in the future to further qualify assistant professors in relation to the IPU's research profile and then appoint them to full professorships (at the IPU, this always means W3).

8 Research communication

8.1 Conferences and scientific lectures

It is part of the IPU's self-image that scholars bring their research results into scientific discourse and regularly present them at specialist conferences or other scientific institutions.

The IPU also creates spaces for regular exchange with external researchers. The IPU regularly invites external researchers from all subject areas represented at the IPU to evening lectures and lecture series.

Starting in 2023, the IPU will regularly organize annual conferences that address core topics of its research profile. The program will include contributions from researchers from the IPU and internationally renowned guests and is aimed at the university public as well as a wider professional audience. The first annual conference took place from 4-6 May 2023 and was dedicated to the topic "Drive and Method – Psychoanalytic Perspectives in Qualitative Research".

8.2 Research forum

A research forum is held twice a semester to present and discuss current research projects to intensify interdisciplinary exchange within the faculty. The forum is open to all academic staff at the IPU, and since the winter semester 2022/23 also to students, to provide them with an insight into current research projects and promote the culture of discussion that is common among researchers at the IPU. Projects that are financed via seed funding (see 6.1) should be presented at least once in the research forum during the project period.

In a more informal setting, the research forum is regularly followed by the opportunity to discuss new, emerging research ideas.

8.3 Publications

The IPU supports Open Access publications by its academic staff in peer-reviewed journals (see 6.4.). In addition, the IPU Berlin library is setting up a specialist repository for psychoanalysis that also includes student publications. With the platform OEDIPUB (Open Electronic Documents of the IPU Library), for which an application for funding was submitted to the German Research Foundation (DFG) in late summer 2022, scientific articles, monographs, papers and research data can be published free of charge with open access. This also applies to bachelor's and especially master's theses.

It is important to the IPU to publish research results that have been produced on the basis of master's theses together with its graduates, thereby giving them access to the academic world. Some such publications, with first authorship by graduates, already exist and are to be further expanded in the future. For example, the IPU has begun to present such publications on the website on its page "Young Scholars" in order to recognize the achievements of the students and provide incentives for scientific work.

8.4 Transparency and information

The IPU has recently fundamentally revised the presentation of research on its homepage. The new research profile, with its three main research areas and the projects assigned to each, is presented there in short texts and updated regularly. In addition, the Communications Department publishes a monthly newsletter in which both IPU members and externally interested parties are informed about new research projects and events at the IPU, which can be subscribed to via the IPU website. Another well-established research information tool is the *50 Minutes* podcast series curated by the Communications Department, in which IPU researchers present their research on a selected topic in a

discussion. Individual episodes are also produced by external researchers associated with the IPU.

In addition to interested experts, the IPU also endeavors to reach the interested public with its research work. Accordingly, evening events and lecture series are open to a wide audience and are announced via the appropriate channels.

The most visible instrument of research transfer to the interested public is the Long Night of the Sciences. The IPU is a member of the Lange Nacht der Wissenschaften e. V. association and takes part in this annual event, which involves universities, colleges and non-university research institutes in Berlin and Potsdam. The IPU organizes its contributions together with the eight psychoanalytic DGPT psychotherapy training institutes in Berlin. The IPU is regularly one of the institutions with the most visitors.

In addition, the IPU Berlin cooperates with schools in the Berlin area with a focus on psychology in order to familiarize high school students with current research in this field. For example, there is a long-standing, close relationship with the Anna Freud School in Berlin-Charlottenburg.

People who are interested in current IPU research projects but are not enrolled at a university can take part in IPU courses. The majority of courses at the IPU are already open to guest students, and this offer is to be made even more widely known in the future. In addition, the IPU is planning – in line with its Third Mission – a senior academy, in which six lectures on psychoanalytic topics will be offered every 14 days during the semester.

9 Research equipment

9.1 Staffing

The academic staff of the IPU consists of professors, research associates and student assistants.

Research at the IPU also receives a wide range of support from the administrative staff, including the management of third-party funds, technical support for research from the IT and digitization team, and the library team, which provides literature for the research fields and supports publication processes. A special team takes care of facility management.

9.2 Equipment for professors

Each professorship is allocated a fixed budget per year, which can be used for research and teaching purposes without the need for approval. This budget currently amounts to €1,000 for each full-time professorship (or a proportionate amount depending on the level of employment). Larger investments that exceed this amount can be applied for directly to the university management.

Each professorship is allocated a number of research assistants equal to 50% of the professorship's employment volume.

Workstations are also made available for third-party funded research and research collaborations. The same applies to the laboratory space required for empirical research.

9.3 Equipment for the university outpatient clinic

The group therapy room in the university outpatient clinic is already equipped with high-quality

technology for audio and video recording. It has four fixed cameras mounted on the wall, a mobile boundary microphone and the Mangold VideoSyncPro Studio software for audio and video recording of different therapy settings. Mobile recording technology is available for the individual therapy rooms, which is to be replaced by permanently installed systems with higher recording quality in the future.

9.4 Laboratory equipment

The laboratories at the IPU are assigned to individual professorships and can be made available to other IPU professors for individual studies in cooperation with colleagues.

The IPU has two soundproof cabins for behavioral experiments, which are equipped with the appropriate computer technology.

There is also a laboratory for psychophysiological experiments, which is equipped with EEG amplifiers for a maximum of 64-channel recordings as well as an amplifier for 8-channel peripheral physiological recordings and the corresponding computers. The EEG laboratory comprises two rooms – one in which the measurements take place and another from which the experiments are controlled. The measurement technology in the EEG laboratory is also mobile and can be used for experiments outside the laboratory.

In addition to the EEG laboratory, a further 8-channel amplifier for peripheral physiology is available at the IPU.

9.5 Library equipment

In addition to the requirements of studying and teaching, it is above all the needs of research that determine the task profile of the IPU library. The provision of specialist literature is guaranteed by an extensive purchasing budget and the content is ensured by the fact that researchers are heavily involved in the selection of new acquisitions. In addition, the library staff offer individual support in obtaining specialist literature that is difficult to access.

In addition to current printed publications of all kinds, the collection also includes the relevant specialist journals of all research areas represented at the IPU, both in online and print format.

The library endeavors to meet the current requirements of scientific work by providing members of the university with remote access to all online resources. In addition, it offers a scanning service for researchers to make excerpts from the print collection digitally accessible. People working at the IPU can take advantage of an exclusive lending service for academic purposes and use books from the reference collection in their offices.

The library is currently working on setting up a repository through which researchers can publish their work using the open access method. On the one hand, this means an uncomplicated and free option for first and second publications and, on the other hand, greater visibility for research results. Young scholars in particular can thus present their results to a broad public at an early stage in their careers.